

## SIZE CHART FOR MENS COMPRESSION WEAR

### MENS TIGHTS + SHORTS

HEIGHT CM	WEIGHT KG																HEIGHT FT		
	40	45	50	55	60	65	70	75	80	85	90	95	100	105	110	115		120	125
150	XXS	XS	XS	S	S	M	M	L	L	L	XL	XL	XL	XXL	XXL	XXL			4'11"
155	XXS	XXS	XS	S	S	M	M	M	L	L	L	XL	XL	XL	XXL	XXL	XXL		5'1"
160	XXS	XXS	XS	XS	S	S	M	M	M	L	L	L	XL	XL	XL	XXL	XXL	XXL	5'3"
165	XXS	XXS	XS	XS	S	S	S	M	M	M	L	L	L	XL	XL	XXL	XXL	XXL	5'5"
170		XXS	XS	XS	S	S	S	M	M	M	L	L	L	XL	XL	XXL	XXL	XXL	5'7"
175			XS	XS	S	S	S	M	M	M	L	L	L	XL	XL	XXL	XXL	XXL	5'9"
180				XS	S	S	S	M	M	M	L	L	L	XL	XL	XL	XXL	XXL	5'11"
185					ST	ST	ST	MT	MT	MT	LT	LT	LT	XL	XL	XL	XXL	XXL	6'1"
190						ST	ST	MT	MT	MT	LT	LT	LT	LT					6'3"
195							ST	MT	MT	MT	MT	LT	LT	LT					6'5"
200								ST	MT	MT	MT	MT	LT	LT	LT				6'7"
	88	99	110	120	130	144	155	165	175	188	200	210	220	230	242	255	268	280	
	WEIGHT LB																		

### MENS TOPS

																CHEST CM	
79	81	84	86	89	91	94	96	99	102	104	107	109	112	114	117	119	
XS	XS	XS	XS	S	S	S	M	M	M	L	L	L	XL	XL	XL	XL	
31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	
CHEST INCHES																	

**Notes:**

As with all size charts, these measurements are provided as a guide only. When your measurements are close to a borderline or you wish to wear your garments for recovery purposes, the smaller size should be chosen.

### COMPRESSION SOCK, CALF GUARDS + CALF SLEEVES

CALF GIRTH CM						CALF GIRTH INCHES
48					XL	19"
45				L		18"
42			M			16.5"
39		S				15.5"
36	XS					14"
33						13"

<b>USA</b>	<b>Mens</b>				
4-6.5	6-8.5	8-10.5	10-12.5	12-14+	
<b>USA</b>	<b>Womens</b>				
4-6.5	6-8.5	8-10.5	10-12.5	12-14+	
<b>Europe</b>					
35.5-38.5	38-42	41-44	43-46.5	46-48.5	