

SIZE CHART FOR WOMENS COMPRESSION WEAR

WOMENS TIGHTS + SHORTS

		WEIGHT KG																		
		30	35	40	45	50	55	60	65	70	75	80	85	90	95	100	105	110		
HEIGHT CM	145	XXS																	4'3"	
	150	XXS	XS	S	S	M	M	L	L	XL	XL	XL							4'11"	
	155	XXS	XS	S	S	M	M	L	L	L	XL	XL	XL	XXL	XXL	XXL			5'1"	
	160	XXS	XS	S	S	M	M	L	L	L	L	XL	XL	XL	XXL	XXL	XXL		5'3"	
	165		XS	S	S	M	M	M	L	L	L	L	XL	XL	XL	XXL	XXL		5'5"	
	170			S	S	M	M	M	L	L	L	L	XL	XL	XL	XXL	XXL		5'7"	
	175				S	S	M	M	M	L	L	L	L	XL	XL	XL	XXL	XXL	5'9"	
	180					S	M	M	M	L	L	L	L	XL	XL	XL	XXL	XXL	5'11"	
	185								M	L	L	L	L	XL	XL	XL	XXL	XXL	6'1"	
		WEIGHT LB																		
		66	77	88	99	110	120	130	144	155	165	175	188	200	210	220	230	242		

WOMENS TOPS

															CHEST CM													
															74	76	79	81	84	86	89	91	94	96	99	102	104	107
															XS	XS	XS	S	S	S	M	M	M	L	L	XL	XL	XL
															29	30	31	32	33	34	35	36	37	38	39	40	41	42
															CHEST INCHES													

Notes:

As with all size charts, these measurements are provided as a guide only. When your measurements are close to a borderline or you wish to wear your garments for recovery purposes, the smaller size should be chosen.

COMPRESSION SOCK, CALF GUARDS + CALF SLEEVES

					CALF GIRTH INCHES		
CALF GIRTH CM	48					XL	19"
	45				L		18"
	42			M			16.5"
	39		S				15.5"
	36	XS					14"
33							13"

USA	Mens			
4-6.5	6-8.5	8-10.5	10-12.5	12-14+
USA	Womens			
4-6.5	6-8.5	8-10.5	10-12.5	12-14+
Europe				
35.5-38.5	38-42	41-44	43-46.5	46-48.5